



***“Nothing is impossible. The word itself says ‘I’m Possible’”***

***~Audrey Hepburn***

## **March 2023**



THE RECOVERY COMMUNITY CENTER AT EVA'S VILLAGE

22 JACKSON STREET, PATERSON, NJ 07501 (973)381-0425

FIND US ON FACEBOOK!

AFTER HOURS HELP LINE: MON – FRI 4 P M TO 9 P M & SATURDAY 9 A M – 5 P M

(973)885-3481

Wednesday 1	Thursday 2	Friday 3
8:15am-8:45am Meditation	8:15am-8:45am Meditation	8:15am-8:45am Meditation
9am-10am Power Hour	9am-10am Power Hour	9am-10am Power Hour
11am-12pm Choices*	11am-12pm Grief and Loss	11am-12pm Parenting Skills
1pm-2pm Anger Management	1pm-2pm MAT	1pm-2pm Nutrition
4pm-9pm Help Line (973)381-0425	8pm-9pm Virtual Zoom Mtg	4pm-9pm Help Line (973)381-0425
<b>Zero Discrimination Day</b>		
Saturday 4	Sunday 5	Monday 6
		8:15am-8:45am Meditation
<b>Center is closed</b>	<b>Center is closed</b>	9am-10am Power Hour
Help Line (973)885-3481		11am-12pm Positive Vibes
<b>9am-5pm</b>		1pm-2pm Spiritual Principles
		4pm-9pm Help Line (973)381-0425

Tuesday 7	Wednesday 8	Thursday 9
8:15am-8:45am Meditation	8:15am-8:45am Meditation	8:15am-8:45am Meditation
9am-10am Power Hour	9am-10am Stigma Reduction*	9am-10am Power Hour
11am-12pm Reflections	11am-12pm Spiritual Principles	11am-12pm Financial Mngt
1pm-2pm Craving Reduction	1pm-2pm Working in Recovery	1pm-2pm Relapse Prevention
8pm-9pm <i>Virtual Zoom Mtg</i>	4pm-9pm <i>Help Line (973)381-0425</i>	8pm-9pm <i>Virtual Zoom Mtg</i>
<b>Woman's Day</b>		
Friday 10	Saturday 11	Sunday 12
8:15am-8:45am Meditation		
9am-10am Power Hour	<b>Center is closed</b>	<b>Center is closed</b>
11am-12pm MAT	Help Line (973)885-3481	
1pm-2pm Community Assessment	<b>9am-5pm</b>	
4pm-9pm <i>Help Line (973)381-0425</i>		
Monday 13	Tuesday 14	Wednesday 15
8:15am-8:45am Meditation	8:15am-8:45am Meditation	8:15am-8:45am Meditation
9am-10am Power Hour	9am-10am Chase Bank*	9am-10am Power Hour
11am-12pm Recovery Advocacy	11am-12pm Smoking Cessation	11am-12pm Smoking Cessation
1pm-2pm Self-Esteem	1pm-2pm Valentine's Day*	1pm-2pm Life Exchange*
4pm-9pm <i>Help Line (973)381-0425</i>	8pm-9pm <i>Virtual Zoom Mtg</i>	4pm-9pm <i>Help Line (973)381-0425</i>
Thursday 16	Friday 17	Saturday 18
8:15am-8:45am Meditation	8:15am-8:45am Meditation	
9am-10am STAR*	9am-10am Power Hour	<b>Center is closed</b>
11am-12pm Grief & Loss	11am-12pm Letting Go	Help Line (973)885-3481
1pm-2pm Positive Vibes	1pm-2pm Working in Recovery	<b>9am-5pm</b>
8pm-9pm <i>Virtual Zoom Mtg</i>	4pm-9pm <i>Help Line (973)381-0425</i>	
<b>St Patrick's Day</b>		
Sunday 19	Monday 20	Tuesday 21
	8:15am-8:45am Meditation	8:15am-8:45am Meditation
<b>Center is closed</b>	9am-10am Power Hour	9am-10am Power Hour
	11am-12pm Recovery Advocacy	11am-12pm Parenting
	1pm-2pm Reflections	1pm-2pm Nutrition
	8pm-9pm <i>Virtual Zoom Mtg</i>	4pm-9pm <i>Help Line (973)381-0425</i>
<b>First day of SPRING</b>		

Wednesday 22	Thursday 23	Friday 24
8:15am-8:45am Meditation	8:15am-8:45am Meditation	8:15am-8:45am Meditation
9am-10am Power Hour	9am-10am Power Hour	9am-10am Power Hour
11am-12pm Anger Management	11am-12pm Working in Recovery	11am-12pm MAT
1pm-2pm Healthy Relationships	1pm-2pm Smoking Cessation	1pm-2pm Relapse Prevention
4pm-9pm <i>Help Line (973)381-0425</i>	8pm-9pm <i>Virtual Zoom Mtg</i>	4pm-9pm <i>Help Line (973)381-0425</i>
Saturday 25	Sunday 26	Monday 27
Center is closed	Center is closed	8:15am-8:45am Meditation
Help Line (973)885-3481		9am-10am Power Hour
9am-5pm		11am-12pm Craving Reduction
		1pm-2pm Self-Esteem
		4pm-9pm <i>Help Line (973)381-0425</i>
<b>Earth Hour</b>		
Tuesday 28	Wednesday 29	Thursday 30
8:15am-8:45am Meditation	8:15am-8:45am Meditation	8:15am-8:45am Meditation
9am-10am PCASA*	9am-10am Power Hour	9am-10am Power Hour
11am-12pm PCASA*	11am-12pm Letting Go	11am-12pm Parenting Skills
1pm-2pm Grief & Loss	1pm-2pm Life Exchange*	1pm-2pm MAT
8pm-9pm <i>Virtual Zoom Mtg</i>	4pm-9pm <i>Help Line (973)381-0425</i>	8pm-9pm <i>Virtual Zoom Mtg</i>
		<b>I am in Control Day</b>
Friday 31		
8:15am-8:45am Meditation		
9am-10am Power Hour		
11am-12pm Positive Vibes		
1pm-2pm Spiritual Principles		

***“Don’t miss out on something that could be great just because it could also be difficult.”***

***~Unknown***





\*ZOOM MEETING ID: 980 0738 5446 PASSCODE: 05m5mSJ